

Writer's Block & Little Time

Keep it simple! Copy Playbook prompts word-for-word, or put your own spin. A quick greeting a sentence or two is enough to let them know you're thinking of them. Remember to leave space below your note for their reply.

My Handwriting Is Messy

Your kid probably feels the same way, but don't be discouraged from writing personalized notes. Another parent or guardian can help read your note to them if you're not present to do so.

My Kid Can't Spell

Let them free-write. Don't treat it like a graded school assignment. Misspelled words and scribbles, are OK! Praise any effort they give you and keep engaging.

Playbook Isn't Fitting

Prompts are suggestions and not printed in journals to give you full control. We want you to enjoy the flexibility to write what you want, in any order to fit your child's personality. Check out the 'Easy Wins' to write timely topics most relevant to your daily life, and also explore other Playbooks. We are also open to any suggestions!



deuxlog™

STARTING TACTICS



Leaving on a Work Trip

Pre-write and pre-date notes for some of the days that you'll be away. Mention where you are going, what for, and when you plan to return.

Kid Reluctant to Respond

Vary the reply methods (i.e. have them draw, circle answers, make a list, fill in the blanks etc). Another parent or guardian with them can help. It's also OK to write a note without asking for a response and just move on to the next note.

My Note Was Forgotten

Make sure they're told that a note was left for them, and that you anticipate their reply. Then try to spend time reading their reply together. Like opening a gift in front of the gift-giver, express gratitude and surround your interaction with positivity to build value and enjoyment.

Staying Organized

Leave the Deuxlog in the same spot every time so you both know where to find it and leave it (i.e. kitchen table, bedside etc). Keep your Playbook in a place that's easy to find, or download the digital version.